

MAKING THE HARD CHANGES IN ME

**TWO TERMS I WAS REMINDED OF
DURING MY BACKGROUND RESEARCH
FOR THIS MESSAGE**

“UNAVOIDABLE DEFECTS” = FDA

DO YOU LIKE

PIZZA? FDA allows **thirty fly eggs** per one hundred grams of pizza sauce.

CHOCOLATE? In one hundred grams the FDA allows **sixty insect parts**.

POTATO CHIPS? allows up to **six percent** of the chips in a bag to be **rotten**.

PASTA? The FDA allows in **six samples** of pasta **225 insect fragments**

PEANUT BUTTER and **JELLY** sandwich on **WHEAT BREAD**?

CHERRY JAM CAN HAVE UP TO **THIRTY PERCENT MOLD**.

**ONE HUNDRED GRAMS OF PEANUT BUTTER, ALLOWS TWENTY-FIVE MILLIGRAMS OF DIRT,
THIRTY INSECT FRAGMENTS AND TWO RODENT HAIRS.**

EVERY KILOGRAM OF WHEAT IS ALLOWED NINE MILLIGRAMS OF RAT POOP!

“ZERO DEFECT MENTALITY” = MILITARY

IS AN ATMOSPHERE THAT TOLERATES ABSOLUTELY NO MISTAKES

**THE MILITARY CONSIDERS A ZERO DEFECT MENTALITY A SERIOUS LEADERSHIP FAILURE
BECAUSE IT KILLS THE INITIATIVE NECESSARY FOR SUCCESS ON ANY BATTLEFIELD.**

**WHY IS IT SO HARD TO CHANGE
THE STUFF IN ME THAT I DON'T LIKE ?**

BECAUSE

I'VE HAD THEM SO LONG =

I IDENTIFY WITH THEM =

IT HAS A PAYOFF =

SATAN DISCOURAGES ME =

6 REQUIREMENTS

FOR PERSONAL CHANGE

1. CHANGE REQUIRES LEARNING THE TRUTH

Eph. 4:21

“Since you have heard all about Jesus and have LEARNED THE TRUTH THAT IS IN HIM...”

2 Tim. 3:16-17 (NLT)

“All Scripture is inspired by God and is useful to TEACH US WHAT IS TRUE and to make us REALIZE WHAT IS WRONG in our lives. It STRAIGHTENS US OUT and TEACHES US TO DO WHAT IS RIGHT. It is God's way of preparing us in every way, fully equipped for every good thing God wants us to do.”

2. CHANGE REQUIRES MAKING CHOICES

Eph. 4:22

“...THROW OFF your OLD EVIL NATURE and your FORMER way of life, which is ROTTEN through and through, FULL OF LUST and DECEPTION.”

Phil. 2:12-13

“... Continue to WORK OUT your salvation with **fear** and **trembling**, for it is **GOD** who WORKS IN YOU to WILL and to ACT according to his GOOD PURPOSE.”

3. CHANGE REQUIRES NEW THINKING

Eph. 4:23

“Instead, there must be A SPIRITUAL RENEWAL of YOUR THOUGHTS AND ATTITUDES.”

THINK FEEL ACT

Phil. 2:5 (Amp)

“Let the SAME MIND AND ATTITUDE be in you which was IN CHRIST JESUS.”

4. CHANGE REQUIRES THE HOLY SPIRIT

Eph. 4:24

You must **PUT ON YOUR NEW NATURE** because you are a **NEW PERSON**, created in **GOD'S LIKENESS—RIGHTEOUS, HOLY, and TRUE.**

1 Cor. 3:18 (LB)

“As the Spirit of the Lord works within us, we become more and more **LIKE HIM.**”

5. CHANGE REQUIRES HONEST COMMUNITY

Eph. 4:25

So put away all falsehood and **TELL YOUR NEIGHBOR THE TRUTH** because we belong to each other.

Gal. 6:2 (NCV)

“By **HELPING EACH OTHER WITH YOUR TROUBLES**, you **TRULY OBEY** the **LAW OF CHRIST.**”

6. CHANGE REQUIRES OVERCOMING TEMPTATION

Eph. 4:26-27

Don't let the sun go down while you are still **ANGRY**, for anger gives a **MIGHTY FOOTHOLD** to the Devil.”

ANY NEGATIVE EMOTION

ANGER WORRY FEAR RESENTMENT BITTERNESS

LONELINESS GUILT SHAME REGRET ANXIETY