

WINNING THE BATTLE INSIDE ME

ROMANS 7:15-25 (LB)

**THERE ARE 3 ENEMIES THAT ARE WARRING
AGAINST YOU - YOUR FAMILY - YOUR SOUL**

THE WORLD = VALUE SYSTEM AROUND YOU

THE FLESH = OLD NATURE WITHIN YOU

THE DEVIL = SATAN AND HIS DEMONS

THE COST OF THE BATTLE 6 EMOTIONAL CONSEQUENCES

CONSEQUENCES #1

CONFUSION

ROMANS 7:15

“I DON'T UNDERSTAND MYSELF AT ALL, for I really want to do what is right, but I can't. I do what I don't want to – what I hate.”

CONSEQUENCES #2

GUILT AND SHAME

ROMANS 7:16

I KNOW PERFECTLY WELL that what I am doing is wrong, and my BAD CONSCIENCE proves that I agree with these laws I am breaking.”

THE COST OF THE BATTLE
6 EMOTIONAL CONSEQUENCES

CONSEQUENCES #3
COMPULSIONS AND ADDICTIONS

ROMANS 7:17

“But I **can't** help myself because **I'M NO LONGER DOING IT. IT IS SIN INSIDE ME THAT IS STRONGER THAN I AM,** that makes me do these evil things.”

CONSEQUENCES #4
SELF-CONDEMNATION

ROMANS 7:18a

“**I KNOW I AM ROTTEN INSIDE** as far as my **OLD SINFUL NATURE** is concerned.”

CONSEQUENCES #5
FRUSTRATION

ROMANS 7:18b - 20

“No matter which way I turn **I CAN'T MAKE MYSELF DO RIGHT.** I want to but I can't! When I want to do good, I don't; and when I try not to do wrong, I do it anyway! Now if I am doing what I don't want to, it is plain where the trouble is: **SIN STILL HAS ME IN ITS EVIL GRASP.**”

CONSEQUENCES #6
DISCOURAGEMENT AND DESPAIR

ROMANS 7:21-23

“It **SEEMS TO BE A FACT OF LIFE** that when I want to do what is right, I inevitably do what is wrong...**IN MY MIND I WANT** to be God's willing servant, but instead I find myself **STILL ENSLAVED TO SIN.**”

THE CAUSE: WE HAVE TWO NATURES!

ROMANS 7:22-23

“**I LOVE TO DO GOD'S WILL** so far as my **NEW NATURE IS CONCERNED**; but there is something else deep within me, in **MY LOWER NATURE**, that is **AT WAR WITH MY MIND** and wins the fight and makes me a slave to the sin that is **STILL WITHIN ME.**”

ROMANS 7:24a

“So you see how it is: **MY NEW LIFE TELLS ME TO DO RIGHT**, but the **OLD NATURE** that is still inside me **LOVES TO SIN.** Oh, **WHAT A TERRIBLE PREDICAMENT I'M IN!**”

GOD'S BATTLE PLAN FOR OUR VICTORY

1. WE MUST DEEPEN OUR UNDERSTANDING OF CHRIST

Rom. 7:24-25 (NLT)

“**Who** will free me from this **life** that is **dominated by sin**? **Thank God!** The answer is **THROUGH JESUS CHRIST OUR LORD!**”

Rom. 6:12-13 (NLT)

“Do not let sin control the way you live; do not give in to its lustful desires...Instead, **GIVE YOURSELVES COMPLETELY TO GOD** since you have been given new life.”

Rom. 8:2 (Ph)

“For the new spiritual principle of **LIFE IN JESUS CHRIST LIFTS ME OUT OF THE OLD VICIOUS CYCLE OF SIN.**”

GOD'S BATTLE PLAN FOR OUR VICTORY

**2. WE MUST DETECT AND DISARM
THE LIE WE ARE BELIEVING**

1 John 1:8 (NIV)

“If we claim to be without sin, we DECEIVE OURSELVES and THE TRUTH is not in us.”

**BEHIND EVERY SELF-DEFEATING ACT IS
A LIE THAT WE HAVE BELIEVED**

**TO STOP DEFEATING OURSELVES,
WE MUST STOP DECEIVING OURSELVES**

John 8:32 (NIV)

“When you know THE TRUTH, the TRUTH will SET YOU FREE.”

3. WE MUST DECLARE OUR STRUGGLE TO ANOTHER

James 5:16 (NCV)

“Confess your sins TO EACH OTHER and pray for each other SO GOD CAN HEAL YOU. When a believing person prays, great things happen.”

Gal. 5:16 (NLT)

“Live according to your NEW LIFE IN THE HOLY SPIRIT. Then you won't do what YOUR SINFUL NATURE CRAVES.”